1. June 2000

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Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street SW Washington, DC 20204

To whom it may concern,

Pursuant to 21 CFR 101.93 (a) (2), Traditional Medicinals, Inc., 4515 Ross Road, Sebastopol, California 95472 hereby notifies the FDA that it is making the following statements covered by the referenced regulation for its;

Breathing ThymeTM Herbal Dietary Supplement containing, in order of predominance, Bitter fennel seed (*Foeniculum vulgare* MILLER, ssp. *vulgare*, var. *vulgare*), English plantain herb (*Plantago lanceolata* L.), Licorice root (*Glycyrrhiza glabra* L.), Common thyme herb (*Thymus vulgaris* L.), Wild thyme herb (*Thymus serpyllum* L.), European wild pansy herb (*Viola tricolor* L.), Cowslip flower (*Primula veris* L.): "Supports Clear Breathing," "Promotes Freer Breathing Through the Respiratory Tract.*

The undersigned certifies that the information contained in this notice is complete and accurate and that Traditional Medicinals, Inc. has substantiation that the statement is truthful and not misleading.

Very truly yours,

Lynda Sadler

President